



**35 years of Counseling**  
*...A Healing place*



# PCC's Unique Perspective

- ◆ PCC counselors work from a unique perspective within the family systems model of therapy
- ◆ PCC's perspective informs our Mission Statement and our work flows from that mission
- ◆ Our work is relational and companioning ... the locus of healing develops in the unique relationship developed between client and therapist
- ◆ Our work frequently involves multiple counselors joining with and supporting the client family system
- ◆ PCC focus is on being responsive to emotions and needs of clients and stakeholders in their family system
- ◆ From the outset PCC established a unique relationship with the military community of Southern Maryland, which continues today with counselors who are spouses to retired military, an intern who is retired military ... and an engineer who supports military

# PCC Value Proposition

- ◆ *Pastoral Counseling Center provides families, couples and children a unique form of therapy using spiritual resources and psychological understanding at an affordable cost to bring healing, growth and new ways of dealing with relationships and life situations to our clients*

# Mission Statement

**The mission of PCC is to be a healing place  
meeting the varied and changing mental health needs of  
Southern Maryland  
through professional, affordable counseling,  
consultation and education  
from a Christian perspective  
effectively networking faith based  
communities and mental health.**



# PCC History

- ◆ Established in 1983 as an outreach program of the Church of the Ascension
- ◆ Incorporated in 1984 as a non-profit organization, with an ecumenical board of directors
- ◆ Since 1983, PCC has grown from a small practice with 3 or 4 part-time therapists to a practice group of therapists with combined experience of more than 50 years.
- ◆ Currently, two of our therapists have more than 25 years experience as marriage and family therapists. Another has more than 10 years specialty experience in grief and trauma.

# PCC Professional Counselors



**Betty Joanne Scott**  
LCMFT, CCDVC



**Sharon Wright**  
Counselor



**Heather Wolfe**  
Counselor



**Arthur Scott**  
LCMFT, CCDVC

# PCC Board of Directors

- ◆ **Arthur Scott, President/Treasurer**
- ◆ **Donald McLeod, Vice President/Secretary**
- ◆ **Lisa Farrell, Member**
- ◆ **Rev. Gregory Syler, Member**

# Providing Services to...



Children



Couples



Families





# Children

- ◆ **Autism**
- ◆ **ADHD**
- ◆ **Anger**
- ◆ **Emotional Regulation**
- ◆ **Play Therapy**



# Couples

- ◆ **Communication**
- ◆ **Fidelity**



# Families

- ◆ **Juvenile Services**
- ◆ **Conflict resolution**
- ◆ **Family group counseling**

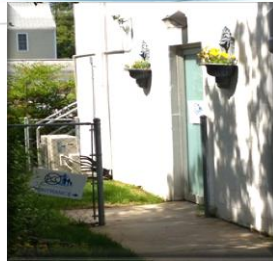


# Therapy PCC Provides

- ◆ **Depression**
- ◆ **Anxiety and Panic Disorder**
- ◆ **Grief and Loss**
- ◆ **Marriage and Family**
- ◆ **Parenting**
- ◆ **Separation and Divorce Recovery**
- ◆ **Aftercare in Recovery**
- ◆ **Family of Origin Issues**
- ◆ **Domestic Violence**
- ◆ **Sexual Abuse**
- ◆ **Job Stress**
- ◆ **Career Counseling**



# Services to the Community



# What our clients are saying about PCC

*“I wish there were more counseling centers like PCC.”*

*“I am glad that they were here when I needed them the most.”*

*“I am very satisfied with our 2 counselors. They work very well as a team.”*

*“PCC does a really good job of sincerely caring for our family. Your responsiveness to our needs is outstanding.”*



# Affordable Fees

- Sliding fee scale
- Client Assistance Plan
- Receipts provided
- Some EAP and Insurance plans accepted



# Current Income Sources

## **DONORS INCLUDE:**

- ◆ **Local Congregations**
- ◆ **Local Corporations**
- ◆ **Individual Donors**
- ◆ **Maryland Charity Campaign**





# How Can I Help?

- **Sponsor Needy Clients**
- **Sponsor/assist a fundraising event**
- **Make referrals**
- **Donations to upgrade equipment**
- **Donations for resources**
- **Volunteer time to assist with administrative tasks**



# Volunteer Opportunities

- Graphic Arts
- Generating new materials
- Organizing/indexing resources
- Data entry
- Facility improvement



# Contact Us

- ◆ Online : [www.pccstmary.org](http://www.pccstmary.org)
- ◆ Phone & Fax: **301.863.9333**
- ◆ E-mail: [info@pccstmary.org](mailto:info@pccstmary.org)

